

## **San Diego Fire Rescue Battalion Testimonial 11-15-2006 LYFETYMER™**

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John

This came from San Diego Fire Rescue Battalion Chief Criss Brainard.

He said you can share it with others. It's a great testimony to the value of your product. A.J.

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-----Original Message-----

From: cbrainard@sandiego.gov

To: AHeightman@aol.com

Sent: Thu, 16 Nov 2006 9:13 AM

Subject: Fwd: Evaluation of LED Metronome device

AJ

Device looks good.

I have forwarded one of the crew's feedbacks that highlight an important benefit.

During our 100% CPR QA feedback process, these little blinking lights are helping the crews to keep the vents to 10/min compared to crews that don't have the visual prompt that are still delivering higher vent rates.

Criss

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From: [rcarrasquillo@sandiego.gov](mailto:rcarrasquillo@sandiego.gov)

To: [CBrainard@sandiego.gov](mailto:CBrainard@sandiego.gov)

Cc: Virgil Hathaway" <VirgilH.San Diego  
Fire>.gallatin"@gmail.sannet.gov>; weebits@hotmail.com;  
[TWilson@sandiego.gov](mailto:TWilson@sandiego.gov)

Subject: Evaluation of LED Metronome device

Date: Wed, 15 Nov 2006 8:02 PM

Station 32 has evaluated the LED Metronome and recommends that we use this device. From September 2006 thru November 2006 we used this light that blinks every six seconds to assist us while ventilating patients. This device proved to be very helpful to us in controlling our ventilation rate. The feedback that was given to us from our code QA's was that our ventilation rate while using this device proved to be within the target range. This is an inexpensive tool that takes the guess work out of what six seconds is. Everyone who used this device agreed that it would assist in ventilating patients.

Respectfully,

Ralph Carrasquillo Jr, Captain/Paramedic

San Diego Fire-Rescue Department

Station 32/B

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